



**The Department of Pediatrics  
Tulane University School of Medicine  
and  
Center for Continuing Education  
Tulane University Health Sciences Center**

*present*

*Tulane Saturday Pediatric Series*  
**Update on Pediatric Nutritional and Infectious Disease Topics  
December 14, 2013**

Registration 9:00 am – 10:00 am  
Conference 10:00 am - 1:30 pm

*Location*

**Ralph's on the Park  
900 City Park Avenue  
New Orleans, LA**

9:00 am – 10:00 am	<b>Registration</b>
10:00 am	<b>Introductions and Brunch Served</b> <b>Activity Director – Stephen Weimer, MD</b> <i>Associate Professor of Pediatrics Section of General Academic Pediatrics Tulane University School of Medicine</i>
10:15 am – 11:00 am	<b>Update on Food Allergies, Jane El-Dahr, MD</b> <i>Professor of Clinical Pediatrics Tulane University School of Medicine</i>
11:00 am – 11:45 am	<b>Diagnosis and Treatment of Otitis Media &amp; Sinusitis, Kimsey Rodriguez, MD</b> <i>Clinical Assistant Professor of Pediatrics Ochsner Health System</i>
11:45 am – 12:00 pm	Break
12:00 pm – 12:45 pm	<b>Update on Obesity / Metabolic Syndrome, Mary Younger, MD</b> <i>Assistant Professor of Clinical Pediatrics Tulane University School of Medicine</i>
12:45 pm – 1:30 pm	<b>Managing Parental Immunization Refusal, Margarita Silio, MD, MPH</b> <i>Associate Professor of Pediatrics Tulane University School of Medicine</i>

**This Course is Designed For**

Primary Care Physicians    Pediatricians    Internists    Nurse Practitioners

**Overview**

Pediatricians must be knowledgeable and able to apply the most current research findings in the management of their young patients. The purpose of this series is to provide them with the most critical information in the areas of food allergies, otitis media and sinusitis, obesity and metabolic syndrome and parental immunization refusal. Presentations and discussions are designed to engage physicians and other health care professionals in the New Orleans area to discover viable solutions together.

### **Statement of Need**

This educational activity is needed to educate physicians regarding the most recent developments in the care of food allergies, otitis media and sinusitis, obesity and metabolic syndrome and managing parental immunization refusal.

### **Goal**

The goal of this activity is to improve patient care by increasing knowledge in the aforementioned areas.

### **Learner Objectives**

At the conclusion of this activity, participants should be better able to ...

- Discuss the most current diagnosis and treatment options for food allergies.
- Identify strategies to diagnose and treat otitis media and sinusitis.
- Describe contributing factors to metabolic syndrome.
- Explain parent management techniques needed to address immunization refusal.

### **Predicted Outcomes**

Predicted changes in practice as a result of participating in this activity include the ability to:

- Effectively treat children/adolescents with food allergies.
- Reduce the occurrence/reoccurrence of otitis media and sinusitis.
- Decrease the incidence of metabolic syndrome through maintenance of a healthy weight in young patients.
- Increase the number of parents who permit child immunizations.

### **Accreditation**

Tulane University Health Sciences Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### **Designation**

Tulane University Health Sciences Center designates this live activity for a maximum of **3 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Tulane University Health Sciences Center presents this activity for educational purposes only and does not endorse any product, content of presentation or exhibit. Participants are expected to utilize their own expertise and judgment while engaged in the practice of medicine. The content of the presentations is provided solely by presenters who have been selected because of their recognized expertise.

### **Disclosure**

It is the policy of the Center for Continuing Education at Tulane University Health Sciences Center to plan and implement all of its educational activities in accordance with the ACCME's Essential Areas and Policies to ensure balance, independence, objectivity and scientific rigor. In accordance with the ACCME's Standards for Commercial Support, everyone who is in a position to control the content of an educational activity certified for *AMA PRA Category 1 Credit™* is required to disclose all financial relationships with any commercial interests within the past 12 months that creates a real or apparent conflict of interest. Individuals who do not disclose are disqualified from participating in a CME activity. Individuals with potential for influence or control of content include planners and planning committee members, authors, teachers, educational activity directors, educational partners, and others who participate, e.g. facilitators and moderators. This disclosure pertains to relationships with pharmaceutical companies, biomedical device manufacturers or other corporations whose products or services are related to the subject matter of the presentation topic. Any real or apparent conflicts of interest related to the content of the presentations must be resolved prior to the educational activity. Disclosure of off-label, experimental or investigational use of drugs or devices must also be made known to the audience.

### **Competencies**

This CME activity addresses components of the following competencies:

- 1) **American Board of Medical Specialties:** medical knowledge, patient care, interpersonal and communication skills, professionalism, practice-based learning and improvement, and systems-based practice
- 2) **Institute of Medicine:** provide patient-centered care, work in interdisciplinary teams, employ evidence-based practice, apply quality improvement and utilize informatics

## Acknowledgement

This program is supported in part by an educational grant from Tulane University Hospital and Clinic.



## Registration

The registration fee includes educational sessions and brunch. To register, please complete the registration form and return it with payment to the address below. **You may also register online at <http://tulane.edu/cce> or fax your credit card registration to 504-988-1779.**

**Written notification of cancellation must be postmarked by Wednesday, November 27, 2013 to obtain a refund of the registration fee minus a \$10 cancellation fee.** After that time, no refunds will be issued. Tulane University Health Sciences Center reserves the right to cancel this program if there are insufficient registrations. Full refunds would be made in that event. However, Tulane University Health Sciences Center is not responsible for any related costs or expenses.

### Brunch Available from 10am – 11am

The restaurant's kitchen will close after brunch is served. You are welcome to attend, but we cannot offer a meal after 10:30am.

## *Tulane Saturday Pediatric Series* **Update on Pediatric Nutritional and Infectious Disease Topics** **December 14, 2013**

Name \_\_\_\_\_ Degree \_\_\_\_\_

Address/City/State/Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_ Fax \_\_\_\_\_

Specialty \_\_\_\_\_ Are you a Physician? (Y/N) \_\_\_\_\_

**Physician: \$35**

**Guest: \$35**

Guest Name \_\_\_\_\_

**Payment Method**  Check/Money Order (Payable to TUHSC-CCE)

Visa  MasterCard  Discover

Card # \_\_\_\_\_ Exp \_\_\_\_\_ Total Amount to be charged \_\_\_\_\_

Authorized Signature \_\_\_\_\_

Emergency contact name and number(s): \_\_\_\_\_

Indicate any special needs as designated by the ADA: \_\_\_\_\_

Indicate any dietary restrictions: \_\_\_\_\_

### Mail to:

Center for Continuing Education  
Tulane University Health Sciences Center  
1430 Tulane Avenue, TB51  
New Orleans, Louisiana 70112

### OR:

Register online at <http://tulane.edu/cce>  
Fax your credit card registration to (504) 988-1779  
Questions: (504) 988-5466 or [cme@tulane.edu](mailto:cme@tulane.edu)